

STUMIN

FAMILY DAILY DEVOTIONAL



I WONDER | FEBRUARY 1 - 7, 2023
AS YOU EXPLORE SCIENCE, YOUR FAITH CAN EXPAND.

*He was there before
anything was made,
and all things
continue
because of him.*

Colossians 1:17 NCV

>> FEBRUARY 1

Memorizing Scripture helps us remember what's true. When we find ourselves faced with questions or doubts about our faith, we can look back to the verses on our hearts to be reminded of who God is and all God made.

This week, memorize this verse using some creativity. Grab some crayons and a piece of paper and draw your idea of God's creation. Then, write this verse on the picture as a way to start memorizing it.

*You placed the world
on its
foundation
so it would
never be moved.*

Psalms 104:5 NLT

>> FEBRUARY 2

God can be the foundation that keeps us steady and stable in the middle of difficult things. When it seems like the craziness of life is trying to pull you in all kinds of directions, remember that God, who loves you, has you on solid ground.

Take some time today to step outside. Feel your feet on the ground. As you feel the foundation beneath your feet, remind yourself that in the same way you can stand firm on God's creation, you can stand firm knowing God loves you.

*For every house
is built by
someone, but God is
the builder
of everything.*

Hebrews 3:4 NIV

>> FEBRUARY 3

Building a solid and stable house requires a solid and stable foundation, structure, and layout. The strength of the house depends on the builder and the design. Now imagine having the Creator of the universe as the builder of your life. God has laid the foundation for your life and drawn the plans for your future.

Even when we can't see God's design for our lives, we can trust the builder. And best of all, we're sitting on the best possible foundation: God's love!

Who created all the stars? He brings them out like an army, one after another, calling each by its name. Because of his great power and incomparable strength, not a single one is missing.
Isaiah 40:26 NLT

>> FEBRUARY 4

Take a look at the sky tonight. Maybe you can see a million stars. Or maybe the glow of stars is dimmed by the glow of city lights. No matter what you see before you, know that there are so many stars in the sky, it's nearly impossible to keep track of every single one. Well, God knows each and every star—by name and location! And if God can keep track of all that, then surely God knows every detail of who you are, too. Nothing about you is lost to God.

As you look for the stars in the sky tonight, remember that the very same God who can keep track of all those lights is the One who cares for and watches over you, too.

Then the Lord God formed the man from the dust of the ground. He breathed the breath of life into the man's nostrils, and the man became a living person.

Genesis 2:7 NLT

>> FEBRUARY 5

Take a breath in and out. We all need air to fill our lungs to live!

We know that we need air for life, but we have so much more than that inside of us! God breathed life into us so that we could live for God by following the example of Jesus. And I don't know about you, but I think that's pretty amazing!

As you go through your day today, stop each time you notice your breath. Thank God for breathing life into your lungs. Pray that the Holy Spirit would work in you this week, so you can show others more of God.

By faith we understand that the entire universe was formed at God's command, that what we now see did not come from anything that can be seen.

Hebrews 11:3 NLT

>> FEBRUARY 6

Go outside and take a look around you. What do you see? Maybe the clouds above you, trees reaching up to the sky, or even a crowd of people. Have you ever thought about the way those things were formed? Every single detail of the world around you was created by God. Even though you didn't see them form right in front of your eyes, you still know there is a Creator behind the creation. There's an entire universe out there that God created—including you!

So, as you take in the creation you see around you today, take a moment to reflect on the powerful Creator who made it all with love and care.

When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is mankind that you are mindful of them, human beings that you care for them?
Psalm 8:3-4 NIV

>> FEBRUARY 7

Have you ever worked on a math problem and gotten the wrong answer because you missed a tiny detail? Math can be frustrating because you have to pay attention to every little thing. Miss something small, and the whole answer is wrong. When we think about everything God created, it's easy to feel insignificant. Like we are just a tiny detail. But tiny details matter! This Psalm reminds us that while the universe is big, God is not only thinking of us, but also caring for us. We matter to God.

As we consider all of creation, we can know that God sees us and values us.