

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

**Who has loved
you even
when you've
messed up?**

January
2023

Week Three

Preteen



Day 1

After watching, write one thing that:

1. You liked:

THE SO & SO SHOW
Today, watch and write
down your thoughts!
You can find each
week's episode at
www.popmn.org/kidvid

2. You learned:

3. You'd like to know:

Day 2

Read Genesis 3

Before you read Genesis 3 today, number these events in the order that you remember them happening.

- ___ God told Eve that giving birth to children would be painful.
- ___ Adam and Eve hid from God.
- ___ God told Adam he would work hard.
- ___ Adam took a bite of the fruit of the tree in the middle of the garden.
- ___ The serpent approached Eve and tempted her to eat the fruit.
- ___ God told Adam and Eve they must not eat from the tree in the middle of the garden.
- ___ Adam and Eve made themselves clothes from fig leaves.
- ___ Eve took a bite of the fruit of the tree in the middle of the garden.

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Now go back and read the passage and check your work. How did you do? This is likely a familiar story for you, and it may be one that makes you a little sad. But here's the great news! This is just the first book in the Bible, and it's the very beginning of the story of God's love for us. There is so much more to come that will show you the truth that God loves us no matter what.



## Day 3

### There's bad news: We all mess up.

There's GREAT news: **God loves us no matter what.**

Head somewhere in your house where you feel loved. Maybe it's the kitchen table because someone in your family takes time to make delicious food to feed you every day. Or maybe it's your bed because your dad talks to you about your day before tucking you in at night. Or it could be your backyard because that's where your mom throws the ball with you. Wherever it is, go there and take minute to thank God for loving you. You might remember a time when you messed up recently. Talk to God about that and express gratitude for a love that never stops, no matter what you do! How does it make you feel to be loved no matter what? Talk to God about it and soak up all the love offered to you every day!

## Day 4

### Who do you know that needs to know the truth that God loves them no matter what?

It could be a friend or family member who's really messed up lately.. Think of a way you can express God's love to that person. It could be a text message or a handwritten note in the mail, or even an email or voice mail. You don't have to say a lot, but just let the person know that you believe that **God loves them no matter what**, and you thought they should know that!



## Day 5

### Who has loved you even when you've messed up?

We know for sure that God loves us no matter what! We've seen that throughout time—God even chose to send Jesus to be our Savior after we humans messed up big time! Our love for each other isn't perfect like God's love, but God has given us the Holy Spirit that can help us show love no matter what to the people in our lives.

Think about someone who has shown you love no matter what you've done. It might be a parent, or a grandparent, or even a best friend or small group leader. What did they do to show you that love? How can you extend that same unconditional love to someone else today?

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Pick one of the options below, or write in your own idea, and then put it in action to spread to others that amazing love that God offers us!

- ☐ Make cookies for your friend who hurt your feelings
- ☐ Forgive your brother or sister if they've recently broken or lost something of yours
- ☐ Speak kindly to your parent even if you think they're wrong
- ☐ Play ball with your neighbor even though they sometimes make you mad
- ☐