

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

WHO MATTERS TO YOU?

March 2022

Week Two
Preteen



Day 1

After watching, write one thing that:

THE SO & SO SHOW

Today, watch and write down your thoughts! You can find each week's episode at www.popmn.org/kidvid

1. You liked:

2. You learned:

3. You'd like to know:

Day 2

John 4:1-30, 39-42

As you read John 4:1-30, 39-42, underline every word that has to do with water, drinking, or being thirsty.

You've pretty much underlined the whole passage, haven't you? Jesus talks a lot about water to the woman at the well, because water was important to her. Of course, "living water" was even more important to her, just as it is to us! The living water that Jesus speaks of is a picture of the relationship He offers to us all—because Jesus died on the cross to be our Savior, we can live with God forever. **By sending Jesus to be our Savior, God shows us how much we matter to Him.**

Day 3

God is all-seeing and all-knowing, so He sees you, and you matter to Him!

So when we're following Jesus, we should **show others that they matter** too. That means we have to be on the lookout for people who are sometimes forgotten or overlooked. The good news is that God sees and knows all, so we can ask Him to show us people who need compassion. Pray the prayer below, filling in the blanks with the different places you will be and people you will see during your day, and ask God to help you show **others that they matter**.

"Dear God, thank You for seeing me
and showing me that I matter. I want
to show others that they matter too.
When I go to
.....
please show me someone who needs
to know they matter. And when I come
home tonight, help me show
.....
that I see what she/he is doing, and it
matters. In Jesus' Name, I pray. Amen."

Day 4

Showing others they matter doesn't take a lot of time, and it doesn't take a lot of money or resources.

It just requires you paying attention to others around you and taking interest in their lives, paying attention to their needs, and showing them compassion.

Today, make a point in every interaction you have with others, to find out what is going on in their lives. Instead of keeping your head down at school, make eye contact with your teachers and peers and ask them how their day is going—and listen to their answer. When you get off the bus in the afternoon, tell the bus driver thank you for the drive. When you see your mom or dad after school, beat them to the punch and ask them how their day was. Instead of ignoring your little brother or sister, tell them a joke you heard that you know they'd like.

And that's just the beginning! With a little intentionality (and a couple of really good knock-knock jokes), you can **show others that they matter to you**.

Day 5

Who matters to you?

Think back on how yesterday went. How did it make you feel to make others feel seen? It feels pretty great, right?

Imagine if you were that intentional every day! All it takes is a little practice looking out for people who need to feel encouraged and that someone cares about them. It might look like yesterday, where you use your words to show others that they matter to you, or it might mean helping someone out, giving them a thoughtful gift, or just taking the time to sit with them.

1. Grab a piece of paper or cardstock.
2. Cut out a business card size.
3. Write SHOW OTHERS THAT THEY MATTER TO YOU on one side. Decorate it however you'd like.
4. On the other side, start a running list of ways you can live out compassion by showing others they matter.
5. Keep the card in your backpack or notebook, and keep adding to it as you figure out more ways you can show others that they matter to you.

