

# Compassion is caring enough to do something about someone else's need.

Read: Proverbs 3:27



DAY

1

## Remember When

This month, we have talked about how you can help others. Do you remember a time that someone helped you or showed you that you mattered to them? Think about a time that someone made you feel special. How did it make you feel?

**KNOW** that others can care for you too!

DAY

2

## Make Time

Use craft supplies to create a watch. Cut out a long strip of paper for a watch band and a small circle for the watch face. Along the band of the watch write "make time to help others." Wear your watch to remind yourself that you need to make time to help others.

**LOOK** for time to care about others around you.

DAY

3

## Don't Hold Back

Learn this week's verse by using the motions below.

**Don't hold back** (place arms in X across chest)  
**good from those** (thumbs up) **who are worthy of it** (bow). **Don't hold it back** (place arms in X across chest) **when you can help** (put hands out in front of you). Proverbs 3:27

**THANK** God for never holding back care for you.

DAY

4

## Making Time to Pray

Sometimes it isn't just what we do for others in our actions but our words can help too! Let's talk to God and ask for someone you know that could use prayer.

Dear God, I pray for [Name of someone]. I know that You can help them with what they need. I pray that I can be a good friend and love them well. Give me a chance to show them that they matter to me. Amen.

**ASK** God to help You pray for others.



# Make time to help others.

