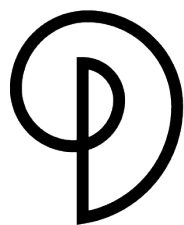


SMALL GROUP STUDY GUIDE



**PRINCE
OF PEACE**
Called to Connect



Uncertainty

June 3 & 4, 2023

If you've got a pulse, then you've dealt with uncertainty - those moments in life when the way forward is unclear. So what do we do? How do we avoid the familiar traps so that we can breathe through uncertain seasons?

SCRIPTURE TEXT: JOHN 16:33, JOHN 3:16

Read the scripture text together as a group.

BACKGROUND INFO

At no point in the Gospels does Jesus promise pain-free, problem-free, or death-free existence. What he does promise is that those things that seemingly spring out of nowhere do not have the last word. He has overcome them. By accepting the uncertainty of life as a given, we can finally move on to the gift of living.

DISCUSSION QUESTIONS

- Did you ever play with a Jack-in-the-box while growing up? Did you love it or hate it? Describe how waiting for the "pop" made you feel. Now, describe how facing life's uncertainties makes you feel. Any correlation between the two?
- Two natural reactions to uncertainty are catastrophizing and controlling. Which are you more inclined towards?
 - Share about a time you fell victim to leaping to a worst-case scenario. What actually ended up happening? How did assuming the worst help or hinder you in dealing with the situation?
 - Share about a time that you attempted to exert control during a time of uncertainty. Were you successful? How did your attempt impact you? How did it impact others?
- How can we live life to the full in a world filled with uncertainty?
 - Accept the uncertainty of life as a given. Share about a time that accepting uncertainty gave you the freedom to absorb and handle the unexpected in a more resilient, less fearful, way.
 - Find purpose in the middle of uncertainty. What is the purpose you are pursuing? How does your purpose help you move forward in times of uncertainty? Share a story from your life that illustrates your answer.

CHALLENGE: Pray this prayer often: "Lord God, thank you for how you are with me in seasons of safety and stability and in seasons of uncertainty. Help me draw in your ever-present spirit with each breath so that it will fill me with acceptance and purpose for the days ahead. Amen."