

# STUMIN

## FAMILY DAILY DEVOTIONAL



**THOUGHTS AND PRAYERS | FEB 28 - MAR 5, 2024**  
**FIND YOUR WAY TO PRAY.**

*Don't worry  
about anything;  
instead, pray about  
everything. Tell God  
what you need,  
and thank him for all  
he has done.*

*Philippians 4:6 NLT*

### >> FEBRUARY 28

Scripture helps us know and remember what is true about God. For example, when we're not sure God is there or listening to our prayers, we can turn to verses like this to remind us of the truth: God is there, God loves us, and God is listening to our prayers.

Write this verse down in a place you see it often. Maybe a place spend time in prayer! When you see it, stop and say it aloud, working on saying more of it from memory each time until you can eventually recite the entire verse. Then, you'll have it in your mind when you need to remember what's true about God.

*And we are confident  
that he hears us  
whenever we ask  
for anything  
that pleases him.*

*1 John 5:14 NLT*

### >> FEBRUARY 29

One of the best things we can do is pray for the things that God wants for our lives. Then, instead of only praying for the things that we want, we can focus our prayers on the things God wants for us. Things like having patience, being kind toward others, and focusing our mind on God's Word. Those are the things God really and truly wants to help grow in our lives. And when we pray for those things, it shows that we care about the things God wants to give us and the way God wants us to live.

Today, make a list of qualities you know God wants for your life. Then, ask God to help you develop more of those things in your life.

*The Lord is close to all  
who call on him, yes,  
to all who call on him  
in truth.*

*Psalms 145:18 NLT*

### >> MARCH 1

God loves when we pray. Why? Because God loves us and wants to be connected to us. Even the smallest prayers bring us closer to God. Try thinking of prayer like talking to your best friend. The more you talk, the more you get to know each other. The more you get to know each other, the closer you become. Prayer can be similar. When you pray, think about talking to God like you would talk to a friend—someone you want to stay close and connected to.

To help, try memorizing this verse this week. Let it remind you of how much God wants to be close to you. When you connect with God in prayer, you can be sure God is near!

*Search for the Lord  
and for his strength;  
continually seek him.*

*1 Chronicles 16:11 NLT*

## >> MARCH 2

Have you ever played a game of hide and seek? The thrill of looking for and finding your friends is what makes the game fun, right? In the same way, you can find excitement in seeking God in prayer. But, of course, God isn't hiding from you! Seeking God doesn't mean actively looking like you would for something that's hidden or out of sight. Instead, seeking God means continually looking for God at work in your life. And prayer is just one way we can do that. When we pray, we are seeking God. We are asking God to open our eyes to see and experience God in new ways.

Today, ask a trusted friend or family member how they seek God.

*I am praying to you  
because I know you  
will answer, O God.  
Bend down and listen  
as I pray.*

*Psalms 17:6 NLT*

## >> MARCH 3

Sometimes we think God is too busy or too big to hear us when we pray. With so many people and so many prayers, how could God possibly hear us over everyone else? Well, the good news is, God hears us every single time we pray. Why? Because God is so big! God's attention is not limited like ours can be at times, and that means God is always willing and ready to lean in and listen to you! God's greatness makes that possible.

This week, make a point to get outside and take a walk. Notice the things around you that show you how great and big God is. As you do, remember that this same great God is close enough to hear your every prayer.

*In those days when  
you pray, I will listen.  
If you look for me  
wholeheartedly,  
you will find me.*

*Jeremiah 29:12-13 NLT*

## >> MARCH 4

What does it mean to look for God "wholeheartedly?" Well, it means to be 100% determined in seeking God for your life. Remember, prayer isn't about the words you say but the way you pray. God wants us to pray with our whole hearts. That means we commit to going to God with everything we have. To showing up and sticking with it until we begin to see a change in our hearts as we pray. When we do that, God promises to be there each and every time.

Today, pray for courage in seeking God wholeheartedly, with everything you have.

*LORD, hear my  
prayer, listen to my  
cry for mercy;  
in your faithfulness  
and righteousness  
come to my relief.*

*Psalms 143:1 NIV*

## >> MARCH 5

When we think of the most famous people in the world—the most powerful and well-known people—chances are we aren't thinking of words like "approachable." We think more like: distant, cold, unreachable. But God, the Creator of the world, who is bigger than we could ever imagine, is also closer than we could imagine. God is not only approachable; God is faithful and good. That means, we can cry out in prayer to God knowing we will be heard and looked after.

So, take a moment today to speak to God about whatever is on your mind.