

FEBRUARY  
2024

## STUDENT MINISTRY

PARENT CUE CARD

SERIES  
OVERVIEW

Theme

### Thoughts and Prayers

A SERIES ABOUT PRAYER

Chances are, you have heard the phrase “thoughts and prayers” before —maybe in response to a global tragedy or from someone looking for a way to sound spiritual but not TOO spiritual. Whatever the context, we know that saying “thoughts and prayers,” or “prayers up,” or sending a praying hands emoji to somebody in need of prayer isn’t exactly the same thing as actually praying.

In this 2-week series called “Thoughts and Prayers,” we’re going to eliminate the worry about “what to say” as we learn that prayer is simply connecting with God and that there is no wrong way to do it. Just imagine what would happen if we started approaching prayer with confidence that we are being heard and held by God. We hope this series helps us all to see that prayer is far less complicated and far more powerful than we may have thought.

FEBRUARY 7

Feed My Starving Children @  
Hosanna, Lakeville

7:15-9:00 pm

FEBRUARY 14

Ash Wednesday Worship

7:00 pm

FEBRUARY 21

James 4:8a NIV, Psalm 145:18 NIV

Prayer connects you to God.

FEBRUARY 28

Matthew 6:9-13 NIV

Find your way to pray.

#### THEME VERSE

Don’t worry about anything;  
instead, pray about everything.

Tell God what you need,  
and thank him  
for all he has done.

Philippians 4:6 NLT

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### MORNING TIME

As your teen starts their day, remind them of this truth from Scripture:

“Don’t worry about anything; instead, pray about everything.”

(Philippians 4:6a NLT)



### THEIR TIME

From time to time, ask your teen: “Who is someone in your life that you are concerned about and why?”

Model prayer for your teen by offering up a simple prayer for the person and situation they identified.

Encourage your teen to reach out to this person directly as well, to provide love, support, and whatever else they may need.



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### MEAL TIME

At meal times this month, ask your teen: “What was the best part of your day? What was the worst?” (Make sure you answer the questions too.)

Make the connection that prayer is a lot like this conversation. God wants to hear what is going on in our lives - the good, the bad, and everything in between.



### BED TIME

Pray with your teen: “Dear God, Help us find our way to pray - honestly and consistently. Thank you for loving us and for being close to us when we pray. Amen.”



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