

This week's Bible story is

The Lord's Prayer

Spark Story Bible pages 278-281
Matthew 6:5-15

Jesus teaches his disciples how to pray.
We can use Jesus' prayer as a model for how we can pray.

Bible Time Fact

While the Bible is filled with advice about how to pray, it is really as simple as having a conversation with God. You can pray always and in all ways!

Bottom Line

God hears our prayers.

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See It

Look around your house, school, or others places that you spend a lot of time for quiet places that you can be alone to think about God and pray.



Hear It

Listen to people praying. Ask a family member to pray before a meal, try taking turns praying together at bedtime, and listen to pastors and leaders pray at church. What can you learn from how they pray?



Talk About It

1. What makes a good prayer?
2. What is okay to say to or to ask of God in prayer?
3. When and where is your favorite time and place to pray? Do you have a favorite prayer or way to pray?
4. Take turns adding something to the Lord's Prayer to personalize it. For example, how could you refer to God other than "father"? What could you ask for in addition to or instead of daily bread? What specific sin would you like to ask forgiveness for? Who do you need to forgive?



Live It

For families to do together: Pick a place in your home to be used for quiet prayer. What would you like in that space? A special pillow or chair? A cross or a picture of Jesus? A copy of the Lord's Prayer or the Bible? Set up your space and take time to be in it together as you say a quiet prayer as a family.

For pre-k kids: There are many ways to pray. Pictures can be prayers. Draw a picture of something you want to share with God. Songs can be prayers. Sing a song for God.



Pray It

Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.



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